



**Weill Cornell
Medicine**

Comparison of Allergy Treatments

Shots (SCIT)
Drops (SLIT)
Toothpaste (OMIT)



	Allergy Shots	Allergy Drops	Allergy Toothpaste
Total length of treatment	4–5 years	4–5 years	4–5 years
Route of administration	Injection under the skin	Drops under the tongue	Regular tooth brushing
Frequency of treatment	Once per week for the first year, once every two weeks for the second year and once every 3–4 weeks for the remainder of the treatment.	Daily	Once or twice daily
Location of treatment	Office	Home	Home
Risks / side effects	Swelling and redness common, severe reactions very uncommon.	Mild tingling and swelling in the mouth common, severe reactions rare.	Mild tingling and swelling in the mouth common, severe reactions rare.
Covered by insurance?	Yes	No	No
Out of pocket costs	Co-pays and deductibles depending on the insurance company.	\$200 per vial, which lasts about 6 weeks	\$400 for a 3 month supply
Office follow-up visits	Every 3–4 months	Every 3–4 months	Every 3–4 months
Available for children?	Yes	Yes	Yes