

Things to Know about Your Appointments

Consultation Appointment

- To receive patch testing, you must first have a consultation appointment. At your consultation, we will determine what type of allergens to include in your patch testing based on your history and physical exam.
- Patch testing is not performed on the same day as the consultation.
- You do not need to stop any medications (including antihistamines) or change anything with your treatment plan or routine prior to the consultation. We will discuss additional recommendations at the consultation of any medication or routine changes that need to occur prior to patch testing.
- You do not need to bring with you any products used at home or suspected of triggering rashes.

Before Patch Placement Appointment

- If applicable, please ensure that your back is freshly shaved. This applies if the majority of your back is covered with thick, dark terminal hair.
- The back must be clear of rash prior to patch placement. If this was not addressed at the consult or you have a new rash on the back, please contact our office ASAP for instructions to clear the back prior to testing. Our recommendations may include postponing testing until the back is clear.
- Do not apply any creams or lotions, prescription or over the counter, to your back on the day of your patch placement appointment.
- Black marker will be applied to the back outlining your stickers. To be cautious, wear a machine-washable dark-colored shirt and bra or undershirt in case the marker transfers to clothing.

If you have any questions or concerns regarding patch testing, please contact our office at 646-962-3376.

WCM Occupational, Contact, and Photo Dermatitis Service

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