



Weill Cornell Medicine

Pediatric Allergy & Immunology

Medications containing antihistamines may interfere with allergy testing. Antihistamines are often found in allergy medications (by mouth and in some nasal sprays and eye drops), cold remedies, acid-reducing medications, and over-the-counter sleep aids. The below tables provide a partial list of medications which contain antihistamines. **These should be avoided for 5 days prior to allergy evaluation, unless required for sufficient control of hives, severe eczema, or asthma.**

| List of medications taken by mouth containing antihistamines: | | |
|----------------------------------------------------------------------|---------------------------|------------------------------|
| Actifed | Contac (all formulations) | Robitussin (all formulas) |
| Alka-Seltzer Plus Cold | Coricidin | Rondec |
| Fexofenadine (Allegra or Allegra D) | Cyproheptadine | Rynatan |
| Alavert | Deconamine | Sudafed(all formulas) |
| Allerest | Dimetapp | Tavist (all formulas) |
| Hydroxyzine (Atarax) | Diphenhydramine | Triaminic (all preparations) |
| Diphenhyramine (Benadryl) | Dristan (all formulas) | Trinalin |
| Bayer PM | Drixoral | Tylenol Allergy |
| Bromfed | Dura Tap-PD | Tylenol Cold |
| Cetirizine | Formula 44 (all formulas) | Tylenol Cough Cold |
| Children’s Tylenol Cough or Cold | Naldecon | Tylenol Flu |
| Children’s Tylenol Allergy | Novafed A | Tylenol PM |
| Children’s Tylenol Flu | Novahistine | Unisom |
| Chlor-Trimeton | Nyquil (all formulas) | Vicks (all formulas) |
| Desloratidine (Clarinet) | Pediacare (all formulas) | Vistaril |
| Loratidine (Claritin) | Periactin | Cetirizine (Zyrtec) |
| Comtrex | Phenergan | Levocetirizine (Xyzal) |

| <u>Nasal sprays with antihistamines</u> | <u>Eye drops with antihistamines</u> |
|------------------------------------------------|---------------------------------------------|
| Azelastine (Astelin, Astepro, Dymista) | Olapatadine (Patanol, Pataday, Dymista) |
| Olapatadine (Patanase) | Ketotifen (Zaditor, Alaway) |
| | Azelastine (Optivar) |

The below medications do not interfere with allergy testing, and do not need to be avoided prior to the appointment:

- Continue all Inhaled asthma medications, for example: albuterol, Pulmicort, Qvar, Symbicort
- Continue Montelukast (Singulair)
- Continue PPIs, for example: omeprazole (Prilosec), lansoprazole (Prevacid), esomeprazole (Nexium)
- Continue topical steroids, for example: hydrocortisone, triamcinolone
- Continue intranasal steroids, for example: Nasonex, Nasocort, Flonase, Rhinocort