The below medications may interfere with allergy testing. These should be avoided for 5 days prior to allergy evaluation, if possible:

Avoid antihistamines taken by mouth, which include:
- Diphenhydramine (Benadryl)
- Loratidine (Claritin)
- Cetirizine (Zyrtec)
- Fexofenadine (Allegra)
- Levocetirizine (Xyzal)
- Desloratidine (Clarinex)
- Hydroxyzine (Atarax)
- Ranitidine (Zantac)
- Famotidine (Pepcid)
- Cyproheptadine (Periactin) ** avoid 9 days prior if possible

Avoid antihistamine nasal sprays
- Azelastine (Astelin, Astepro)
- Olopatadine (Patanase)

Avoid antihistamine eye drops, which include:
- Olopatadine (Patanol, Pataday, Pazeo)
- Ketotifen (Zaditor, Alaway)
- Azelastine (Optivar)

The below medications do not interfere with allergy testing, and do not need to be avoided prior to the appointment:

Continue all Inhaled asthma medications, for example: albuterol, Pulmicort, Qvar, Symbicort
Continue PPIs, for example: omeprazole (Prilosec), lansoprazole (Prevacid), esomeprazole (Nexium)
Continue Montelukast (Singular)
Continue topical steroids, for example: hydrocortisone, triamcinolone
Continue intranasal steroids, for example: Nasonex, Nasocort, Flonase, Rhinocort