Please Note: All information is confidential and will become part of your medical record

Do not leave any boxes empty	r, mark N/A for not applicable	or none if appropriate.	PLEASE PRINT CLEARLY.

Patient Name:			Date of Visit:	
Date of Birth:	Age:	Home Phone:		
		Other Phone:		
Preferred Email:		Social Security Numb	er:	
Address:		Emergency Contact (Name and Number):		
Cuardian 1 Name (Dhana Number)		Guardian 2 Name/Phone Number:		
Guardian 1 Name/Phone Number:				
Relationship to Patient:		Relationship to Patient:		
PRIMARY INSURANCE CARRIER:		INSURANCE ID #:		
Does your insurance plan require referrals for specialty visits?		If YES, do you have a referral for today's visit?		
🖬 Yes 📮 No		🖬 Yes 📮 No		

Physician and Pharmacy Information				
Pediatric Physician (Name/Phone/Fax Number):	Preferred Pharmacy (Name/Phone/Fax Number):			
Referring Physician (Name/Phone/Fax): Game as Pediatrician	Other Physician to send records to (Name/Phone/Fax):			
Specialty:	Specialty:			

Reason/s For Visit:

Medical History				
Please include all medical problems even if not relevant to this visit. If no medical problems, write none.				
Current or Past Medical Problems Dates Reasons				

Hospitalizations/Surgeries	Dates	Reason

age/Frequency	

Allergies (Medication, Food, Cosmetics, Etc.)	Cause/Nature of Reaction

Birth History			
Birth Weight:	Full Term: 🗖 Yes 🗖 No	If not full-term, gestational age at birth (weeks):	

Family History				
Has anyone in the patient's	family had any of t	the following?		
Heart disease or stroke	Parent	Sibling	Other Relative	
Hypertension	Parent	Sibling	Other Relative	
Diabetes	Parent	Sibling	Other Relative	
High cholesterol	Parent	Sibling	Other Relative	
Gastrointestinal problems	Parent	Sibling	Other Relative	Describe:
Cancer	Parent	Sibling	Other Relative	Туре:
Respiratory problems	Parent	Sibling	Other Relative	Describe:
Neurological problems	Parent	Sibling	Other Relative	Describe:
Vision problems	Parent	Sibling	Other Relative	Describe:
Development delays	Parent	Sibling	Other Relative	Describe:

Social History				
School Age/Grade:	Exposed to Second-Hand Smoke:	Sunscreen Use:		
□ Yes □ No □ Yes □ No				
Patient Lives With: Both Parents One Parent Other:				
Does your child suffer from ADHD and/or depression and anxiety? Yes No				
Please describe:				

Date of most recent flu shot (age 6 months+):	Immunizations up to date:	🛛 Yes	□ No

How did you hear about us?						
Physician Family/Friend	Internet	Health Plan	Advertisement	Referral Service	Weill Cornell Connect	Int'l Office

The information is accurate and complete to the best of my knowledge.					
I will not hold the physician or his staff responsible for any error or omission that I may have made completing this form.					
Guardian Signature:	Physician Signature:				
Name of person completing form (if not patient):	Today's Date:				
Signature:					

Review of Systems

Please check 'YES' or 'NO' for EACH item					
Constitutional	Nose				
🖵 Normal	Normal				
YN	YN				
🖵 🖵 Fever	Congestion				
Night sweats	Post nasal drip				
U Weight loss/gain	$\Box \Box$ Sinus infection				
□ □ Sleep disturbance	Sinus headaches				
□ □ Fatigue	Nose Bleeds				
 Poor appetite 	Allergy				
Eyes	□ Normal				
□ Normal	Y N				
YN	Sneezing				
Contact lenses or glasses	Runny Nose				
Type:	Itchy ears, eyes, or nose				
Blurry vision	\Box \Box Transplant				
	Throat				
Retinal detachment	□ Normal				
□ □ Macular degeneration	Y N				
	Voice problems				
	□ □ Swallowing problems				
	Throat Pain				
Dryness	\square \square Phlegm				
Double Vision	Feeling of something stuck				
Discharge	Tonsil infections/problems				
	Sleep				
Ear	□ Normal				
	Y N				
YN	Snoring				
Hearing loss	Sleep Apnea				
Hearing aids	CPAP/BiPAP/AutoPAP				
Ear pain	Choking/Gasping				
□ □ Ringing/noise/tinnitus	Restless leg				
Previous ear surgery	 Daytime sleepiness 				
Loud noise exposure	Endocrine				
Respiratory	□ Normal				
□ Normal	Y N				
Y N	Diabetes				
🗆 🗆 Asthma	Thyroid problems				
Emphysema/COPD	Autoimmune disease				
	Type:				
	□ □ Immune deficiency				
Aspiration	\Box \Box Excessive thirst				
Tracheotomy	Swollen lymph nodes				
	Cold/heat intolerance				
Coughing blood					
□ □ Shortness of breath					
Wheezing					
-					
Cough over 3 months					

Gastrointestinal Normal Diarrhea □ □ Constipation Blood in stool □ □ Vomiting/nausea □ □ Ascites □ □ Heartburn/acid reflux □ □ Abdominal pain Gallstones Pancreatitis □ □ Jaundice Neurologic/Neuromuscular Normal ΥN □ □ Headaches/migraines □ □ Encephalopathy □ □ Seizures **Tremors** □ □ Numbness Groke □ □ Imbalance/vertigo □ □ Lightheaded/fainting □ □ Memory loss Unexplained weakness Hematologic Normal ΥN Bruise easily 🛛 🖵 Anemia □ □ Leukemia/Lymphoma Blood clots Bleeding disorders □ □ History of radiation Oral/Dental Normal Y N Dentures/implants Temporomandibular joint □ □ Teeth clenching/grinding □ □ Tongue problems Mouth lesions Genitourinary Normal ΥN □ □ Frequent urination □ □ Prostate problems □ □ Urine/bladder infections □ □ Yeast infections

□ □ Incontinence

□ □ Kidney problems/stones

Skin Normal ΥN Past skin cancer Type: Skin biopsy Site: 🗖 🗖 Eczema **Rash or skin sensitivity** Abnormal skin moles □ □ History of skin disease □ □ Hair loss/growth □ □ Itching □ □ Keloid scars Musculoskeletal Normal Y N □ □ Neck pain □ □ Arthritis □ □ Back pain/spinal problems □ □ Fractures □ □ Muscle pain □ □ Swelling Joint/bone pain Cardiovascular Normal Y N Heart attack □ □ High blood pressure □ □ High cholesterol □ □ Stents **Coronary artery disease** □ □ Irregular heart beat □ □ Chest pains Leg swelling □ □ Pacemaker/defibrillator Psychiatric Normal ΥN □ □ Anxiety Depression 🛛 🖵 Bi-polar Psychosis Male/Female Health Normal ΥN Abnormal periods □ □ Abnormal discharge □ □ Sore on penis Discharge from penis

Any other comments/problems/concerns:



Patient Name: _____

MRN#:

The following is our Financial Policy which we require you to read and sign prior to your visit(s).

Thank you for choosing WCM- Dermatology to provide your health care. We are committed to your successful treatment.

You are required to inform us immediately of any changes in demographic (home address, telephone numbers) Or medical insurance information. You are expected to pay all previous outstanding balances prior to scheduling the next visit. If you have questions about billing, please ask to speak with one of our Billing Representatives or call 646-962-4521.

If we are participating providers: You must present your <u>Insurance Card</u>, and, if applicable, <u>Insurance Referral Forms at every visit</u>. We will submit bills directly to your insurance company for payment on your behalf. Patients without insurance card(s) and/or a proper referral will be asked for payment in full at time of service or to reschedule the visit. It is the patient's responsibility to obtain new and up to date Insurance Referrals, if applicable. All co-payments and cosmetic charges will be collected at time of service. In the event that your insurance coverage changes to a plan where we are not participating providers, please refer to the below section.

We are legally required to collect your copayments, coinsurance and or deductibles: The Health Care Financing Administration (otherwise known as HCFA) is the federal government agency responsible for setting policy and overseeing the Medicare and Medicaid programs. HCFA has mandated that physicians and other providers of health care must collect co-pays, deductibles and co-insurances. This is enforced by the Office of the Inspector General (OIG). Copays, coinsurance, and deductibles are all part of Insurance cost-sharing, or your out-of-pocket costs agreement. This agreement is between you and your insurance company. You are responsible for Out of pocket costs applied by your insurance company.

If we are Out of Network with your insurance plan Or You do not have medical insurance: Payment is due at time of service. It is the responsibility of the patients to submit an original claim and receipt directly to their insurance company along with any pertinent information/documents.

Cosmetic Services

Payment in full is due at the time of service for all services that are considered not medically necessary or cosmetic. (E.G. Botox, Cosmetic fillers, Laser services, Cosmetic removal of lesions) Understand that medicine is not an exact science and the possibility that the treatment may not have the benefits or results intended exists. There are no refunds after procedure is complete.

24 Hour Cancellation & "No Show' Fee Policy. Each time a patient misses an appointment without providing proper notice, another patient is prevented from receiving care. Therefore, we reserve the right to charge a fee for all missed appointments ("no shows") and appointments which, absent of a compelling reason, are not cancelled with a <u>24-hour business day</u> advance notice. The fee for a missed office visit is \$75.00 or \$150.00 for a missed procedure visit. This charge is not reimbursable by your insurance company. You will be billed directly for it.

Initial

Initial

Initial

Initial

Usual and Customary Rates: Your insurance policy is a contract between you and your insurance company. Our practice is committed to providing the best treatment for our patients and we charge what is usual and customary for our area. You are responsible for payment regardless of any insurance company's arbitrary determination of usual and customary rates.

We appreciate your faith and trust in us and thank you for the opportunity to serve your healthcare needs.

I authorize payments to be made directly to the Weill Cornell Medicine- Department of Dermatology and fully understand that I am the responsible party for all charges incurred by me or my dependents at this facility. I also authorize the release of any and all information required to collect and process my medical insurance claims. Refusal to Initial and/or Sign this document does not remove your financial responsibility and/or obligations to its contents.

I have read the policy; I understand and agree to it.



Notice of Privacy Practices

This notice describes how medical information about you may be used and disclosed and how you can get access to this information. Please review it carefully.

This Notice will tell you about the ways we may use and disclose medical information about you. We also describe your rights and certain obligations we have regarding such medical information. We are required by law to make sure that medical information which identifies you is kept private; give you this Notice of our legal duties and privacy practices with respect to your medical information; and follow the terms of the Notice that is currently in effect. This Notice covers the physician practices of Weill Cornell Medical College (collectively "Weill Cornell", "we" or "us"), including its employed physicians and other personnel. (If you are being treated by a Weill Cornell physician while in another institution, such as New York-Presbyterian Hospital, you should refer to that other institution's Notice of Privacy Practices for information about how your medical information may be used and disclosed and whom to contact to exercise your rights).

HOW WE MAY USE AND DISCLOSE MEDICAL INFORMATION ABOUT YOU The following categories describe different ways that we use and disclose medical information.

Treatment. We may use medical information about you to provide you with medical treatment or services. We may disclose medical information about you to doctors, nurses, technicians, medical students, or other Weill Cornell personnel or personnel of New York-Presbyterian Hospital or Columbia University Health Sciences (collectively "our Affiliated Institutions"), who are involved in taking care of you. For example, a doctor treating you for a broken leg may need to know if you have diabetes, because diabetes may slow the healing process. Different departments of Weill Cornell and our Affiliated Institutions also may share medical information about you, such as prescriptions, lab work and x-rays, to coordinate your treatment. We also may disclose medical information about you to people outside Weill Cornell who may be involved in your medical care.

Payment. We may use and disclose medical information about you so that we may bill for treatment and services you receive at Weill Cornell and can collect payment from you, an insurance company or another party. For example, we may need to give information about surgery you received or are going to receive to your health plan so that the plan will pay us or reimburse you for the surgery. In the event a bill is overdue, we may need to give information agency as necessary to help collect the bill or may disclose an outstanding debt to credit reporting agencies. We may also disclose information about you to our Affiliated Institutions and other healthcare facilities for purposes of payment as permitted by law.

Health Care Operations. We may use and disclose medical information about you for operations of Weill Cornell and our joint operations with our Affiliated Institutions. These uses and disclosures are necessary to run Weill Cornell or such joint operations and make sure that all of our patients receive quality care. For example, we may use medical information to evaluate the performance of our staff in caring for you. We may also disclose information to doctors, nurses, technicians, medical students, and other Weill Cornell personnel for educational purposes. We may also disclose information about you to other healthcare facilities as permitted by law.

Appointment Reminders; Treatment Alternatives; Health-Related Benefits and Services. We may use and disclose medical information to contact you to remind you that you have an appointment for treatment or medical care, or to contact you to tell you about possible treatment options and health-related benefits and services that may be of interest to you.

Individuals Involved in Your Care or Payment for Your Care. We may release medical information about you to a friend or family member who is involved in your medical care or who helps pay for your care. We may also tell your family or friends your condition. If you do not wish us to share this information with your friends and family, please follow the procedures described in the Right to Request Restrictions section of this Notice below. In addition, we may disclose medical information about you to an entity assisting in a disaster relief effort so that your family can be notified about your condition, status and location.

<u>As Required By Law</u>. We will disclose medical information about you when required to do so by federal, state or local law.

Special Privacy Protections. If your medical information includes HIV-related information, alcohol or substance abuse, mental health or genetic information, special protections may apply to such information, and you can contact the Privacy Officer if you have any questions.

To Avert a Serious Threat to Health or Safety. of you, the public or another person, we may use or disclose medical information about you.

Organ and Tissue Donation. If you are an organ or tissue donor, we may release medical information to organizations that handle organ procurement or organ, eye or tissue transplantation or to an organ donation bank.

<u>Military and Veterans</u>. If you are a member of the armed forces of the United States or another country, we may release medical information about you as required by military command authorities.

<u>Workers' Compensation</u>. We may release medical information about you for workers' compensation or similar programs.

Public Health Risks. We may disclose to authorized public health or government officials medical information about you for public health activities when required or authorized by law. These activities generally include the following: to a person subject to the jurisdiction of the Food and Drug Administration (FDA) for purposes related to the quality, safety or effectiveness of an FDA-regulated product or service; to prevent or control disease, injury or disability; to report disease or injury; to report births and deaths; to report reactions to medications and food or problems with products; to notify people of recalls or replacements of products they may be using; to notify a person who may have been exposed to a disease or may be at risk for contracting or spreading a disease or condition; to notify the appropriate government authority if we believe a patient has been the victim of abuse, neglect or domestic violence.

Health Oversight Activities. We may disclose medical information to a health oversight agency for activities authorized by law. These oversight activities include, for example, audits, investigations, inspections, and licensure.

Lawsuits and Disputes. If you are involved in a lawsuit or a dispute, we may disclose medical information about you in response to a court or administrative order. We may also disclose medical information about you in response to a subpoena, discovery request, or other legal demand by someone else involved in the dispute, but only if efforts have been made by us or someone else to tell you about the request or to obtain an order protecting the information requested.

Law Enforcement/National Security/Protective Services. We may release medical information if asked to do so by a law enforcement official: in response to a court order, subpoena, warrant, summons or similar process; to identify or locate a suspect, fugitive, material witness, or missing person; about the victim of a crime if, under certain circumstances, we are unable to obtain the person's agreement; about a death we believe may be the result of criminal conduct; about criminal conduct on the premises of Weill Cornell; and in emergency circumstances to report a crime, the location of the crime or victims, or the identity, description or location of the person who committed the crime; to authorized federal officials so they may provide protection for the President and other authorized persons, or conduct special investigations, or for intelligence, counterintelligence, and any other national security activities authorized by law.

Coroners, Medical Examiners and Funeral Directors. We may release medical information about deceased persons to a coroner, medical examiner or funeral director so they can carry out their duties.

Other Uses of Medical Information. Other uses and disclosures of medical information not covered by this Notice or the laws that apply to us will be made with your written authorization, on a Weill Cornell authorization form. You may revoke such an authorization by writing to the Privacy Officer, and such revocation will be effective to the extent that we have not already released the information pursuant to the authorization or otherwise taken action in reliance on the authorization.

Research. Under certain circumstances, we may use and disclose medical information about you for research purposes. For example, a research project may involve comparing the health and recovery of patients who received one medication to those who received another, for the same condition. All research projects, however, are subject to a special approval process before your medical information may be used or disclosed. We may use or disclose medical information about you to researchers who are preparing to conduct a research study, for example, to help them look for patients with specific medical needs who might be asked to participate in this project. In this case, information they review will not leave Weill Cornell or our Affiliated Institutions. When legally required, we will ask for your specific written permission (authorization) if the researcher will have access to your name, address or other information that reveals who you are, or will be involved in your care at Weill Cornell or our Affiliated Institutions. Finally, we may permit a researcher to look at your medical information and use and disclose it for research purposes if, after going through an approval process, an evaluation is made that the proposed use and disclosure complies with legal and ethical requirements regarding the privacy of medical information.

Fundraising Activities. We may use certain information about you (name, address, telephone number or email information, age, date of birth, gender, health insurance status, dates of service, department of service information, treating physician information or outcome information) to contact you for the purpose of raising money for Weill Cornell Medical College (including its graduate school) or joint fundraising activities involving Weill Cornell and our Affiliated Institutions. For the same purpose, we may provide your name to our institutionally related foundation. The money raised will be used to expand and improve the services and programs we provide the community. You are free to opt out of fundraising solicitations at any time, and your decision will have no impact on your treatment or payment for services at Weill Cornell Medical College.

YOUR RIGHTS REGARDING MEDICAL INFORMATION ABOUT YOU

<u>Right to Inspect and Copy</u>. You have the right to inspect and copy medical information that may be used to make decisions about your care. Usually, this includes medical and billing records. This right does not include: psychotherapy notes; information compiled for use in a legal proceeding; or certain information maintained by laboratories.

In order to inspect and copy medical information that may be used to make decisions about you, you must submit your request in writing to the Privacy Officer at the address listed at the end of this Notice. If you request a copy of the information, we may charge a fee for the costs of copying, mailing or other supplies associated with your request.

We may deny your request to inspect and copy in certain limited circumstances. If you are denied access to medical information, you may request in writing to the Privacy Officer that the denial be reviewed. A licensed healthcare professional who was not directly involved in the original decision to deny access will conduct the review. We will comply with the outcome of the review.

Right to Request Amendments. If you think that medical information we have about you is incorrect or incomplete, you may ask us to amend the information. To request an amendment, your request must be made in writing and submitted to the Privacy Officer at the address listed at the end of this Notice. In addition, you must give a reason that supports your request. We may deny your request for an amendment if it is not in writing or does not include a reason to support the request. In addition, we may deny your request if you ask us to amend information that:

- was not created by us, unless the person or entity that created the information is no longer available to make the amendment; is not part of the medical information kept by or for Weill Cornell;
- is not part of the information you would be permitted to inspect and copy; or
- is accurate and complete.

We will provide you with written notice of action we take in response to your request for an amendment.

Right to an Accounting of Disclosures. You have the right to request an "accounting of disclosures." This is a list of certain disclosures we have made of medical information about you. We are not required to account for any disclosures you specifically requested or for disclosures related to treatment, payment, or healthcare operations, made pursuant to an authorization signed by you, or and which fall into certain other limited categories of disclosures.

To request an accounting of disclosures, you must submit your request in writing to the Privacy Officer at the address listed at the end of this Notice. Your request must state a time period, which may not be longer than six years prior to the date of your request. You may request one accounting in any 12-month period free of charge, and we will charge you for any subsequent request in the same 12-month period. Such charge may include reasonable retrieval, list preparation, and mailing costs.

<u>Right to Request Restrictions</u>. You have the right to request a restriction or limitation on the medical information we use or disclose about you. You also have the right to request a limit on the medical information we disclose about you to someone who is involved in your care or the payment for your care, such as a family member or friend. If you wish to request such a restriction, you must contact the Privacy Officer in writing at the address listed at the end of this Notice.

We are not required to agree to your request. If we agree to your request, we will comply with your request unless the information is needed to provide you with emergency treatment.

Right to Request an Electronic Copy of your Medical Record. You have a right to request that we provide you with an electronic copy of your medical record. WCMC will try to provide the information in the format you request. However, if the format is not available, we are permitted to offer other electronic formats. If none for the offered formats are acceptable to you, WCMC is permitted to provide you with a "hard copy".

You may also request that WCMC transmit the electronic copy directly to a third party designated by you and we will comply.

Right to Request Confidential Communications. You have the right to request that we communicate with you about medical matters in a certain way or at a certain location. For example, you can ask that we only contact you at work or by mail. To request confidential communications, you must contact the Privacy Officer in writing at the address listed at the end of this Notice. We will not ask you the reason for your request. Your request must specify how or where you wish to be contacted. We will attempt to accommodate reasonable requests.

Right to Restrict Disclosures of your PHI to your Health Plan with Respect to Healthcare for which you have paid out of pocket and in full. If you pay for a service out of pocket and in full, you may request that WCMC not disclose information about that visit to your insurance plan and WCMC must honor that request. However, if you want us to bill your insurance plan for any subsequent care, we may have to provide the original information to your carrier in order for us to be paid for the subsequent service.

Prohibition on Certain Disclosures or Sale of PHI Without Authorization. Weill Cornell Medical College (WCMC) will not disclose your health information for the purpose of marketing non-WCMC products or services without an authorization (which authorization would state whether WCMC received any payment for such marketing). _lf your medical record contains psychotherapy notes, WCMC will not use or disclose the psychotherapy notes except for your specific treatment or for our training programs, or in the event of a legal proceeding brought by you or your representative against us, unless you specifically grant permission (authorization). Lastly, any other uses or disclosures not specifically described in the Notice of Privacy Practices will not be made without your written authorization. And, in the event that you authorize one of more of the above mentioned uses or disclosures, you have the right to revoke your authorization at any time by writing to us at the address below. We will honor the revocation unless we have already used or disclosed the information. Revocation will in no case affect your care at WCMC.

Right to be Notified in the Event of a Breach

In the event of a breach of your Protected Health Information as defined by the Department of Health and Human Services (HHS), you will be notified by us in a manner specified by HHS.

Right to a Paper Copy of This Notice. You have the right to a paper copy of this Notice. You may obtain a copy from any of our Weill Cornell locations or by contacting the Privacy Officer. You may also obtain a copy of this Notice electronically at our website address noted below.

<u>Changes To This Notice</u>. We reserve the right to change this Notice. We reserve the right to make the revised or changed Notice effective for medical information about you we already have as well as any information we receive in the future. The current Notice in effect at any time will be posted on our website address listed below and will be available from the Privacy Officer as well as at any of our practice locations.

<u>Complaints</u>. If you believe your privacy rights have been violated, you may file a complaint with Weill Cornell or with the Secretary of the Department of Health and Human Services. To file a complaint with Weill Cornell, please call or write to the Privacy Officer at the address listed at the end of this Notice. You will not be penalized or retaliated against for filing a complaint regarding your privacy rights.

Questions. If you have a question about this Privacy Notice, please contact:

> **Privacy Office** Weill Cornell Medical College 1300 York Avenue, Box 303 New York, N.Y. 10021 Tel: (646) 962 - 6930

Email: privacy@med.cornell.edu

Website: http://www.weillcornell.org/privacy

Effective September 2013

Insurance 101

Here are some Important Questions to ask your Medical Insurance Provider.

- What is your copayment or coinsurance?
- Do you have any In-Network or Out of Network Deductibles? If so, what is the overall deductible?
- Are there other deductibles for specific services (e.g. laboratory or radiology services)?
- What is not included in the out-of-pocket limit?
- Are you required to obtain a referral from your Primary Care provider for specialty services?
- Are you required to obtain prior authorization for medical services or medications?
- Are there services that your insurance plan <u>does not</u> cover?

Common Health Insurance terms

Monthly premium is the amount you pay per month for your health plan.

Out-of-pocket costs are the expenses you pay for your health care that aren't reimbursed by your insurance plan. Out-of-pocket costs include deductibles, coinsurance and copayments for covered services. Health Plans usually have a maximum out-of-pocket amount per year before the plan begins to pay 100 percent of the allowed amount. This limit does not include your premium, balance-billed charges, penalties or charges that your health plan doesn't cover.

Copayment is a fixed amount (for example, \$15) you're required to pay for a covered health care service, usually at the time of service. Depending on your plan, this amount will vary by the type of covered health care service.

Coinsurance is your share of the costs of a covered service, calculated as a percent of the allowed amount for the service. For example, if the plan's allowed amount for an overnight hospital stay is \$1,000, your coinsurance payment of 15% would be \$150. This may change if you haven't met your deductible. The amount the plan pays for covered services is based on the allowed amount. If an out-of-network provider charges more than the allowed amount, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the allowed amount is \$1,000, you may have to pay the \$500 difference. (This is called balance billing.) Your plan may encourage you to use innetwork providers by charging you lower deductibles, copayments and coinsurance

Annual deductible is the amount you have to pay for health care services before your health insurance plan coverage kicks in. For example, if your deductible is \$5,000, your plan won't pay anything until you've paid \$5,000 for covered health care services that are subject to the deductible. For some services, the deductible is waived, meaning that amount is fully covered and not subject to the deductible. Health Plans have different annual deductible amount for the individual (or primary member) vs. family.

Allowed amount or contracted amount is the maximum dollar amount an insurance company will pay for a given procedure or service. If a provider has a contract with an insurance company, the provider and the insurance company negotiate an allowed amount for each service or procedure. If a provider has a contract with a health insurance company, then the health insurance company considers the provider innetwork and the provider will not charge more than the allowed amount (as determined by the insurance company) for a given procedure.

Usual, Customary & Reasonable (UCR) is the average charge for a given procedure or service as determined by the insurance company and typically based on the provider's local area. If a provider is

out-of-network, then there is no contractual agreement on how much he or she can charge for a given procedure. To help manage costs, insurance companies will often process out-of-network claims based on UCR. If the provider's actual charge exceeds UCR, then the patient could be responsible for the difference between the UCR and actual charge amounts.

The Affordable Care Act, or ACA, is the name for the federal health care reform law first introduced in March of 2010.

Here are a few of the highlights:

1. Everyone is now required to have health insurance (and nobody can be denied coverage).

2. Plans are sold directly from health insurance companies and also through public health insurance exchanges, or marketplaces, organized by state (and the federal government).

3. Financial assistance may be available if you qualify and enroll through an exchange or marketplace.

4. There are pricing rules and limits to how premiums can vary.

5. A defined set of "essential health benefits" are always covered under the plans.

All Affordable Care Act (ACA) health plans have certain basic requirements that insurance companies must meet. No matter what plan you buy, the coverage must include a government-defined benefits package, called "essential health benefits." These include:

- ✓ Ambulatory patient services;
- ✓ Emergency services;
- ✓ Hospitalization;
- ✓ Maternity and newborn care;
- ✓ Mental health and behavioral health;
- ✓ Prescription drugs;
- ✓ Rehabilitative services and devices;
- ✓ Laboratory services;
- \checkmark Preventive and wellness care;
- ✓ Chronic disease management; and
- ✓ Pediatric services (dental and vision care for children under 19, in most states).

Beyond these essential benefits, each insurance company's health plans may differ. It's important to understand the differences between the plans being offered. And remember, all ACA plans are "guaranteed issue," meaning everyone can get health insurance coverage regardless of their past or current medical conditions.

We hope that this information has been helpful. It is important that you know as much as possible about your insurance coverage. Do not hesitate to contact your insurance company about coverage and benefit guidelines. Please feel free to speak with us if there are questions or concerns about our services and your coverage.