ADULT ALLERGY QUESTIONNAIRE

Today’s Date:

Patient’s Name: Date of Birth: Age:

Address: Phone:

Referred To This Office By:

Primary Care Physician: Phone:

Address: Fax:

1. **CHIEF COMPLAINT (reason for visit):**

2. **PRIOR ALLERGY EVALUATION AND TREATMENT:**

   Have you been previously evaluated for allergies? Yes ☐ No ☐

   *(If yes, complete this section)*

   Have you ever had an allergy skin test? Yes ☐ No ☐
   
   If yes, Date: Results:

   Have you ever had an allergy blood test? Yes ☐ No ☐
   
   If yes, Date: Results:

   Have you ever received immunotherapy (allergy shots)? Yes ☐ No ☐
   
   If yes, Dates: For what allergies?
3. FOOD REACTIONS: Yes ☐ No ☐ *(If yes, complete this section)*

Are you on any special diets? Avoiding any foods?

**If yes**, please list in the table below:

<table>
<thead>
<tr>
<th>Food</th>
<th>Age Avoided</th>
<th>Symptoms</th>
<th>Still Avoiding?</th>
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<tbody>
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</table>

Do you have itching in your mouth after eating raw/fresh fruits or vegetables (i.e. bananas, melons, apples, peaches, pears, kiwi, citrus, tomato, potato), shellfish, peanut, or tree nuts? Yes ☐ No ☐

**If yes**, please list specific food triggers and age of onset:

4. ASTHMA HISTORY: Yes ☐ No ☐ *(If yes, complete this section)*

Age of onset: Frequency of attacks: Most recent exacerbation:

**Have you ever needed any of the following for asthma? (Please answer with the most recent first.)**

Hospital admissions:

Emergency room visits:

ICU admissions:

Intubations:
**Symptoms:**  Wheeze ☐  Cough ☐  Sputum ☐  Exercise Intolerance ☐  
Chest Pain ☐  Shortness of breath ☐

**Night time cough:**  Yes ☐  No ☐

**Season worse in:**  Winter ☐  Spring ☐  Summer ☐  Fall ☐

**Triggers:**

5. **ALLERGY & ASTHMA TRIGGERS:** (Please select choices, check “Yes” or “No”, and list symptoms)

<table>
<thead>
<tr>
<th>Symptom</th>
<th>Yes</th>
<th>No</th>
<th>Symptoms</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grass exposure</td>
<td>☐</td>
<td>☐</td>
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<tr>
<td>Tree exposure</td>
<td>☐</td>
<td>☐</td>
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<tr>
<td>Raking leaves ☐  Mowing lawn ☐</td>
<td>☐</td>
<td>☐</td>
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<tr>
<td>Damp areas with mold and mildew</td>
<td>☐</td>
<td>☐</td>
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<tr>
<td>Sweeping ☐  Dusting ☐  Vacuuming ☐</td>
<td>☐</td>
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<tr>
<td>Smog ☐  Air Pollution ☐</td>
<td>☐</td>
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<tr>
<td>Temperature changes (hot ☐  cold ☐)</td>
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<td>☐</td>
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<td>Tobacco smoke</td>
<td>☐</td>
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<tr>
<td>Exercise</td>
<td>☐</td>
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<tr>
<td>Animals (cats, dogs, etc...)</td>
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<td>☐</td>
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<tr>
<td>Coughing after drinking cold or hot water</td>
<td>☐</td>
<td>☐</td>
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<tr>
<td>Colds (Virals URI’s)</td>
<td>☐</td>
<td>☐</td>
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<tr>
<td>Cleaning agents, fumes, perfumes</td>
<td>☐</td>
<td>☐</td>
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<tr>
<td>Others:</td>
<td>☐</td>
<td>☐</td>
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</tbody>
</table>
6. **INSECT ALLERGY**: Yes [ ] No [ ] *(If yes, complete this section)*

   **Insect**: Unknown [ ] Honeybee [ ] Yellow jacket [ ] Wasp [ ] Hornet [ ] Fire ant [ ]

   **Symptoms**:
   - Local swelling [ ] Generalized swelling [ ] Hives [ ]
   - Pain [ ] Wheezing [ ] Shortness of breath [ ]
   - Throat tightening [ ] Difficulty swallowing [ ] Loss of consciousness [ ]

7. **LATEX ALLERGY**: Yes [ ] No [ ] *(If yes, complete this section)*

   Date | Source | Reaction

8. **MEDICATIONS**

   Please list ALL medications, including any herbal or alternative medications, that you are currently taking (including dosage and frequency):

   Have you ever used the following medications:

   **Nasal Sprays**: Rhinocort [ ] Flonase [ ] Nasonex [ ] Nasacort [ ] Veramyst [ ]
   - Astelin [ ] Afrin [ ] Other:
     - If yes, when, and at what dose & frequency?

   **Inhalers**: Proventil/Albuterol [ ] Xopenex [ ] Flovent [ ] Pulmicort [ ] Qvar [ ]
   - Advair [ ] Inhaled cromolyn [ ] Theophylline [ ] Other:
     - If yes, when, and at what dose & frequency? Last time used:
9. **MEDICATION/DRUG REACTIONS:** Yes ☐ No ☐ *(If yes, complete this section)*

<table>
<thead>
<tr>
<th>Date</th>
<th>Drug</th>
<th>Reaction</th>
<th>Taken Since</th>
</tr>
</thead>
</table>

10. **HISTORY OF REPEATED INFECTIONS:** Yes ☐ No ☐ *(If yes, complete this section)*

<table>
<thead>
<tr>
<th>Type</th>
<th>Date</th>
<th>Antibiotic needed</th>
<th>Abnormal tests (i.e. Chest X-rays/CT Scans/Blood tests)</th>
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</thead>
<tbody>
<tr>
<td>Ear Infections</td>
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<tr>
<td>Sinusitis</td>
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<tr>
<td>Pneumonia</td>
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<tr>
<td>Bronchitis</td>
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<tr>
<td>Meningitis</td>
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<tr>
<td>Dental Infections</td>
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<tr>
<td>Bladder/Kidney Infections</td>
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<tr>
<td>Skin Infections</td>
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<tr>
<td>Joint Infections</td>
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<tr>
<td>Gastrointestinal Infections</td>
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</tbody>
</table>
11. OTHER MEDICAL/SURGICAL HISTORY: (Please answer all items)

A. List other medical illnesses:

B. Any surgeries:

C. Any ER visits/hospitalizations? For respiratory or allergic reactions? When?

   What treatment did you receive?

D. For women, are your menstrual periods regular? Yes  No

   Number of days in typical cycle:

12. IMMUNIZATIONS:

A. Are your immunizations up to date? Yes  No  If no, explain why:

B. Which immunizations listed below have you received?

   □ Diphtheria  □ Rubella  □ Prevnar
   □ Tetanus    □ Polio    □ Pneumovax
   □ Measles    □ HIB      □ Meningococcal
   □ Mumps      □ Hepatitis B □ Varicella

C. Please list any adverse reactions to any immunizations:

D. Did you receive the influenza (flu) shot during the most recent or current flu season?  

   Yes  No

E. Do you plan to obtain the flu shot for the upcoming season? Yes  No
13. FAMILY HISTORY: (please complete)

Mother’s health: age:  
Father’s health: age:  
Brother(s)’ health: age:  
Sister(s)’ health: age:  

Do any family members have a history of the following? *(If yes, please check all that apply)*

<table>
<thead>
<tr>
<th>Illness</th>
<th>Yes</th>
<th>No</th>
<th>List Relatives (indicate if outgrown and when)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Asthma</td>
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<tr>
<td>Frequent Bronchitis</td>
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<tr>
<td>Frequent Pneumonia</td>
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<tr>
<td>Cystic fibrosis or Other Lung Disease</td>
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<td>Hay fever/ Allergic rhinitis</td>
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<td>Chronic Sinus problems</td>
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<td>Hives/ Urticaria</td>
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<td>Eczema</td>
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<td>Migraines</td>
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<td>Insect Allergy</td>
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<tr>
<td>Drug Allergy</td>
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<td>Food Allergy</td>
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<tr>
<td>Celiac Disease</td>
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<tr>
<td>Immune disorders</td>
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<tr>
<td>Autoimmune disorders (Lupus, thyroid disease, Rheumatoid arthritis)</td>
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<tr>
<td>Inflammatory bowel disease</td>
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<tr>
<td>Early unexplained death in infancy</td>
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<td></td>
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<tr>
<td>Frequent miscarriages</td>
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</table>
14. ENVIRONMENTAL SURVEY:

List the cities and states where you have lived from birth to present:

<table>
<thead>
<tr>
<th>City</th>
<th>State</th>
<th>Years</th>
<th>Effects on Symptoms (better, worse, no change)</th>
</tr>
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1.
2.
3.
4.

A. Approximately how old is your home? How long have you lived there?
B. Is your home a(n): ☐ single family home ☐ brownstone/townhouse ☐ apartment
C. Does your home have:
   ☐ Central AC ☐ Window AC ☐ Wall Unit AC ☐ HVAC (heat & AC) wall unit
   ☐ Forced heat ☐ Radiator heat ☐ Gas heat ☐ Electric heat
   ☐ Humidifier ☐ Damp areas ☐ HEPA filter
D. Do your windows have: ☐ curtains ☐ drapes ☐ shades ☐ blinds
E. Does your bedroom have: ☐ wall-to-wall carpeting ☐ hardwood flooring ☐ area rugs
F. Where is your bedroom located? (floor or level of house)
G. On your bed, are there:
   ☐ Stuffed toys ☐ Dust mite proof covers ☐ Feather pillows
   ☐ Synthetic pillows ☐ Mattresses ☐ Weekly washing of bed linens
H. Do you have any pets (cats, dogs, birds, gerbils, hamsters, etc)?
I. If you have pets, do they enter your child’s ☐ bedroom and/or ☐ bed.
J. Are there any pet animals at school or work? Yes ☐ No ☐
K. Have you seen any pests in your home? Yes ☐ No ☐
   If yes, which pests? cockroaches ☐ mice ☐ rats ☐ Other:
L. Are you a smoker? Yes ☐ No ☐
M. Are there any other smokers in the home? Yes ☐ No ☐
N. What is your occupation?
O. Other environmental or occupational exposures? Yes ☐ No ☐ Where?
P. Are your symptoms worse at school/work than at home?
Q. Are there any other locations(s) where the symptoms are worse?
R. How many days have you missed school/work because of asthma or allergies?
15. COMMENTS: (Are there any other issues you would like to discuss at your visit?)

Signature of Patient/Legal Guardian  Date

For the Physician: Reviewed & Confirmed:  Date of Visit:
**Race and Ethnicity Information**

We want to make sure that all our patients get the best care possible. We would like you to tell us your child’s racial and ethnic background as well as your preferred language so that we can review the treatment that all patients receive and make sure that everyone gets the highest quality of care. You may decline to answer if you wish.

The only people who see this information are registration staff, administrators for the practice, your care providers, and the people involved in quality improvement and oversight, and the confidentiality of what you say is protected by law.

Please mark the appropriate response:

**Primary Language**
- [ ] Albanian
- [ ] Bengali
- [ ] Creole
- [ ] English
- [ ] Hebrew
- [ ] Japanese
- [ ] Mandarin (Chinese)
- [ ] Portuguese
- [ ] Slovak
- [ ] Tagalog
- [ ] Vietnamese
- [ ] Declined
- [ ] American Sign Language
- [ ] Bosnian
- [ ] Croatian
- [ ] French
- [ ] Hindi
- [ ] Korean
- [ ] Other
- [ ] Unknown

**Race**
- [ ] American Indian or Alaska Native
- [ ] Black or African American
- [ ] White
- [ ] Declined
- [ ] Asian
- [ ] Native Hawaiian or Other Pacific Island
- [ ] Other Combination Not Described

**Ethnicity**
- [ ] Hispanic or Latino or Spanish Origin
- [ ] Not Hispanic or Latino or Spanish Origin
- [ ] Declined
Pharmacy Information

So that you and your physician may take advantage of e-prescribing, we need you to provide information on the pharmacy that you choose to use to fill you or your child’s prescriptions. Electronic prescription requests are more efficient, accurate and cost effective. Feel free to speak with your physician if you have additional questions.

☐ New

Date:

Patient Name:

NYH #:

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**PRIMARY**

Pharmacy Name:

Address:

Phone Number:

Fax Number:

**SECONDARY** (if applicable)

Pharmacy Name:

Address:

Phone Number:

Fax Number: