

Our Specialists Provide a Comprehensive Pelvic Floor Program that Addresses the Full Range of Pelvic Floor Disorders. Pelvic Conditions We Treat:

- Cystocele / Rectocele / Enterocele
- Uterine Prolapse / Vaginal Prolapse
- Stress Incontinence
- Urgency Urinary Incontinence/ Overactive Bladder
- Fecal Incontinence
- Postpartum Pelvic Floor Dysfunction
- Recurrent Urinary Tract Infections
- Genitourinary and Rectovaginal Fistula
- Urethral Diverticulum
- Vaginal Cysts
- Constipation
- Painful Bladder Conditions / Interstitial Cystitis
- Sexual Dysfunction

We offer state-of-the-art diagnostic services to identify optimal treatments. As a large number of women are affected by more than one pelvic floor disorder, our team of physicians also works jointly with other specialists to provide comprehensive treatment plans.

Please call us to schedule an appointment

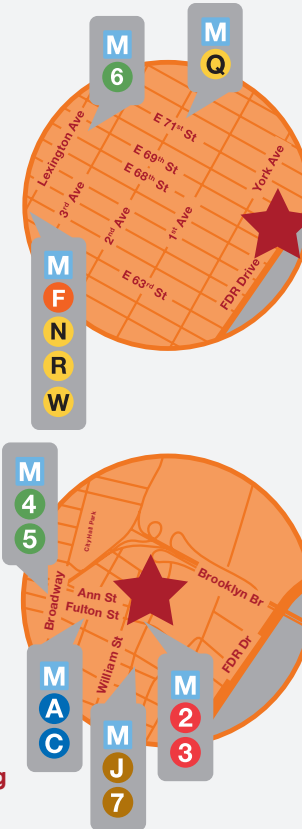
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 Dr. Saya Segal | 212-746-3009

Two Convenient Locations

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 Suite J-130
 New York, NY 10065

170 William Street
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For more information, visit us at cornellobgyn.org



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Weill Cornell Medicine
 Urogynecology



Urogynecology and Pelvic Reconstructive Surgery

The most advanced and individualized therapy for treatment of pelvic floor disorders

cornellobgyn.org



New York-Presbyterian

As many as 1 in 3 women are affected by pelvic floor disorders, including prolapse and bladder conditions that may impair their comfort and quality of life.

We Can Help.

Conditions may range from the mild to the more severe, and include urinary or fecal incontinence and pelvic organ prolapse. Prolapse occurs when the uterus, bladder, rectum, or bowels drop down and create a bulge into the vaginal opening. Many women view these problems as part of the normal aging process that simply can't be cured. Fortunately, this is not the case.

What is a Urogynecologist?

Urogynecologists are subspecialty trained physicians that treat pelvic floor disorders. These doctors complete an extensive fellowship training after obstetrics and gynecology residency to be board-certified in Female Pelvic Medicine and Reconstructive Surgery.

Our all-female practitioners, are dual-board certified in Obstetrics and Gynecology and Female Pelvic Medicine and Reconstructive Surgery, and hold dual appointments in the Department of Obstetrics and Gynecology and Urology at Weill Cornell Medicine and NewYork-Presbyterian. They dedicate their entire clinical focus on treating women with pelvic floor disorders.

As members of the top-ranked Obstetrics and Gynecology program at Weill Cornell Medicine, our urogynecologists work with a broad team of expert clinicians to treat such complex disorders.

Diagnostic Gynecologic Services

Urodynamics Testing

Urodynamics testing is designed to evaluate the function of the bladder during filling and emptying. This outpatient test is used for women with urinary symptoms and pelvic organ prolapse. Testing is done in a private, comfortable setting and is invaluable in diagnosing complex incontinence problems.

Cystoscopy

Cystoscopy is performed to inspect the bladder, urethra and ureteral function. It is performed under local anesthesia in the office setting for conditions including blood in the urine, refractory incontinence, and chronic urinary tract infections.

Treatment Options

Non-Surgical

- Pelvic floor muscle training and strengthening
- Pelvic floor support devices (pessaries)
- Medical Therapy for Incontinence
- Behavioral Therapy
- Percutaneous Posterior Tibial Nerve Stimulation
- Office procedures for incontinence

Surgical

Our physicians focus on minimally invasive surgical approaches that allow shorter hospital stay, smaller incision, faster recovery and less post-operative pain via robotic/laparoscopic and vaginal approach.

- Robotic-assisted Pelvic Reconstructive Surgery
- Laparoscopic Hysterectomy
- Vaginal Reconstructive Surgery
- Surgery for Urinary Incontinence
- Urethral Bulking
- Vaginal Cyst Excision
- Sacral Neuromodulation
- Fistula Repair
- Anal Sphincteroplasty

The specialized physicians in the Urogynecology program at Weill Cornell Medicine Obstetrics and Gynecology are dedicated to these important health care problems. We provide a thorough evaluation, including state-of-the-art, onsite testing and minimally invasive treatment options.

Our Physicians

Tirsit Asfaw, MD, FACOG

Assistant Professor, Obstetrics and Gynecology
Director, Female Pelvic Medicine
and Reconstructive Surgery

Saya Segal, MD, MSCE, FACOG

Assistant Professor, Obstetrics and Gynecology



Dr. Tirsit Asfaw



Dr. Saya Segal